

Using The Gym



- A team member will greet each customer at the club/lodge main entrance and ask if they are displaying any symptoms of covid-19, or if anyone within their household or someone they have come into contact with has (new persistent cough, loss of smell/taste or shortness of breath). If this is the case you will be denied access and must not return for 14 days.
 - The customer's temperature will be taken using a non-contact thermometer.
 - If thermometer shows 38°C or higher, customer must leave the building and not return for 14 days.
 - Arriving into the Health Club everyone is required to sanitise their hands using the station provided.
 - Observe social distancing throughout our facilities at 2 metres wherever possible.
 - A face covering **MUST** be worn in all public areas including the changing rooms. they can be purchased for £2 from main reception .
 - A deep clean has been carried out and cleaning will take place throughout opening hours. Equipment will be fogged with a Virucide each day and as necessary throughout the day.
 - The use of the changing rooms should be kept to a minimum, we are asking that where possible you arrive ready for your activity.
 - There are distancing restrictions in place affecting the use of equipment, so it is possible there could be some waiting time. Please plan your visit to avoid peak times wherever possible.
 - Please ensure you fully wipe down the equipment after use using the wipes provided.
 - The air conditioning will be in use, this is safe to use and has been fully serviced prior to opening.
 - The water fountains are out of use, please bring your own water or purchase bottles from the Brasserie.

Report any issues to a team member immediately.

See the Covid-19 page on our website for more details

<https://www.thorntonhallhotel.com/spas/covid-19.html>

