

# Using the Pool, Thermal and Outdoor Areas



- Maintain 2m social distancing from other people wherever possible.
- Guests **MUST** shower prior to accessing the wet areas.
- Use hand sanitiser before entering and upon leaving changing rooms, also following use of door handles.
- Observe signs and instructions throughout these areas.
  - o Steam Room is currently closed.
  - o Saunas, both indoor and outdoor are currently closed.
  - o Snow Cave, currently closed..
  - o Hydro-Spa Pools, guests are to spend no more than 15 minutes in the spa pools, this will be monitored:
    - Small Outdoor, 2 people sat opposite each other or 4 from the same household.
    - Large Outdoor, 5 people sat equal distance apart or couples sat at least 1m away from the next person.
    - Indoor , 2 people sat opposite or 4 from the same household.
  - o Infrared Wall, every other seat in use, user must sit on a towel.
  - o Experience shower, 1 user at a time.
  - o Pool,
    - Observe the one way system in the pool hall,
    - NO butterfly stroke,
    - **Swim as an individual not alongside others.**
    - Distance yourself from other swimmers.
    - We reserve the right to limit the number using the pool if deemed necessary.
  - o Main Swimming Pool Bubble area, no more than 2 people sat opposite.
- No reading materials will be provided.
- We reserve the right to suspend drinks service in the outside wet area if we deem it necessary.
- If using loungers ensure you are 2m apart from the next one and sit on a towel.

**Report any concerns or issues to a team member immediately.**

See the Covid-19 page on our website for more details

<https://www.thorntonshallhotel.com/spas/covid-19.html>

